



Curriculum- Vitae

TONI POPE

address

PO Box 121336
San Diego CA 92112

tel (619) 677-8411

url www.tonipope.com
www.myspace.com/tonipopemusic

Sound Healing Profile

Toni Pope has intensely studied the singing tradition of the Siberian shaman, the Mongolian overtone and undertone-voice; the katajag singing of the Inuit, Indian, and African guttural pressed techniques which require highest precision and power. Aim of those techniques are not just for the “beautiful” sound, but the expansion of vocal horizon in ways further than the usual singing voice. As overtone singer she belongs to the small elite group of women in a male domain.

Rudiger Oppermann, Klangwelten 2005

For purposes of *Holistic Sound Healing*, she blends shamanic throat singing techniques, natural voice toning/micro-toning techniques (*micro-voice tones emphasize vocalizing the space between the notes*) with meta-physics, sound entrainment, and inner depth listening awareness. Both toning and micro-toning techniques along with the expansion of tone isolation afforded by the shamanic throat singing technique, allows one to awaken and align the subtle energy body within the quantum field, while the meta-physical entrainment affords one to resonate with recognitory sound patterns that release negative emotional blockages at a cellular level. Through pure intentioned voice and sound healing, one is able to uplift and connect with Source Energy.

Personal Profile

For most of her adult life Toni has lived abroad. She has traveled, studied, performed, and taught in such places as Northern Europe, Southeast Asia, and the Polynesian Islands. It was in Paris France when she was first introduced to Kundalini Yoga as taught by Yogi Bahjan. Later she began her practice in Astanga Yoga, although time and experience lead her back to the ancient female essences of Kundalini Yoga. Toni’s yogic practice has not been one of stringent discipline, but rather a slow gradual process which has become an intricate part of her lifestyle. Yoga has also served to heighten hearing awareness which is paramount when tapping into the subtle forms of vocal harmonics and sound trance. Whether teaching or guiding sound healing sessions or yoga classes, Toni’s intended approach is one of compassion and gentleness !

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Experience

2008:

October 4, A Sound Journey - vocal toning and throat-singing guidance. Pope will transport listeners into realms beyond by use of Aboriginal Didgeridoo, Tibetan Singing Bowls, East Indian drone Tanpura, and shamanic voice vibrations to include throat-singing, harmonic-singing, and multiphonetical voicings. **Philosophical Library 2091 E. Valley Parkway Escondido CA 92027 6pm \$15. Sound healing and instruction.**

September 25, accompaniment to **Deep - singing bowl healer from Nepal**. Pope will channel healing vibrations through shamanic vocals - toning, harmonic singing/throating, and multiphonic voicings. This event should not be missed. **Eye of Buddha 4247 Park Blvd. San Diego CA 92103**, 6pm \$15. *Sound healing and voice toning instruction.*

September 18, Thursday 8PM ResBox @ Steve Allen Theater The Center for Inquiry 4773 Hollywood Blvd. Hollywood, CA 90027 \$10 at the door or reservations at: (800) 595-4849

more info: (323) 661-4268 (all ages) + free parking in lot + BYOB. Shamanic Voice and Singing Bowl collaboration with electronic sound maestro Robert Montoya and Curtis Glatter!

September 6, A Sound Journey - vocal toning and throat-singing guidance. Pope will transport listeners into realms beyond by use of Aboriginal Didgeridoo, Tibetan Singing Bowls, East Indian drone Tanpura, and shamanic voice vibrations. **Eye of Buddha 4247 Park Blvd. San Diego CA 92103**, 5pm \$15. *Sound healing and voice toning instruction.*

August 16, Theta Sound Journey - vocal toning and throat-singing guidance. Pope will transport listeners into realms beyond by use of Aboriginal Didgeridoo, Tibetan Singing Bowls, East Indian drone Tanpura, and shamanic voice vibrations. **Eye of Buddha 4247 Park Blvd. San Diego CA 92103**, 4pm \$15. *Sound healing and voice toning instruction.*

August 8, Collaboration with David Hurley's "Seasaw Ensemble" - Heavy Percussion improv set includes Kit Drum, Jimbaye, Junjun, keyboard, and East Indian Sitar. Free entrance & Portuguese dining at Portugalia 4839

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Newport Ave. Ocean Beach, San Diego CA, Flexible start time - around 8:30 or so....See you there!

July 26, "Shamanic Sound Journey" Awaken with sacred sounds of Australian Aborigines didgeridoo, Tibetan bowls, East Indian electric tanpura, and multi-phonic primordial vocals - Controversial Bookstore 3063 UNIVERSITY AVENUE *San Diego, CA 92104 * 6-8pm, \$10 at the door. *Sound healing and voice toning instruction.*

June 28, Workshop: Zero Point Artist Collective 1049 E. 32nd st. Los Angeles CA 90011, 4 - 5:30 pm, \$10 members / \$15 non-members. Pope will session in the "Theta" brain wave pattern for the duration of workshop, complete instrument and vocal instruction will be included. *Sound healing and voice toning instruction.*

June 21, Workshop: Zero Point Artist Collective 1049 E. 32nd st. Los Angeles CA 90011, 3-6 pm, \$10 members / \$15 non-members. Pope will session in the "Theta" brain wave pattern for the duration of workshop, complete instrument and vocal instruction will be included. *Sound healing and voice toning instruction*

May 25, "TELEMAGICA" ***Creating the New World...*** please check-out more information at www.telemagica.com, the event as a whole is not to be missed. Sharing sacred sound through a call for Universal Peace and Unconditional Love - Tibetan bowls, electric tanpura, and primordial vocals 5 - 6pm.

May 24, "SOUND Journey," Awaken with sacred sounds of didgeridoo, Tibetan bowls, electric tanpura, and primordial vocals. A call for Universal Peace and Unconditional Love - Living PRANA 575 2nd st. Encinitas CA 92024 6:30 - 7:30. *Sound healing and voice toning instruction.*

May 17, "Shamanic SOUND Journey" Awaken with sacred sounds of didgeridoo, Tibetan bowls, electric tanpura, and primordial vocals - Controversial Bookstore 3063 UNIVERSITY AVENUE * San Diego, CA 92104 * 5-7pm, \$10 at the door. *Sound healing and voice toning instruction.*

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May 1, Collaborations with Seesaw Ensemble, free music quartette with jazz and punk influences. TNT, Museum of Art, Downtown San Diego, 8:30pm free admission

April 29, Collaborations with Seesaw Ensemble, free music quartette with jazz and punk influences. Cafe de la Maze, San Diego, free admission

April 5, "Spring Reverb" Toni opens the day's event at 2pm with a live solo work with Tibetan singing bowls, multi-phonetic vocals, and laptop compositions from her latest recording project "VOIDWALKER."

April 4, "Spring Reverb" featuring Ellen Weller winds, Madelyn Byrne laptop, T. Pope e. bass at the Museum of Making Music in Carlsbad more information at www.marcosfernandes.com.

2007:

November 25, World Beat Center 2100 Park Blvd in Balboa Park doors open at 8:30pm. Opening for the AZAR LAWRENCE QUARTET with "Seesaw Ensemble" more information at www.myspace.com/davidhurelymusic

November 16, 2007 Voices of Freedom: A Langston Hughes Poetry Circle w/ Jim Mereno and Friends. City Heights Library & Performance Annex 7:30pm

October 28, 2007 Universal Temple of Higher Consciousness, Escondido, CA for "Life as Art" - An "Aha" Banquet and Imagination Salon from 3-7 pm, www.artistshelpingartists.org/ahafounder.htm.
Sound healing

October 20, 2007 The Guluwalk this year is on Saturday starting at 12 noon. Come walk with us in support of Uganda Africa and World Peace! www.cegun.org/guluwalk.html. *Sound healing*

October 13, 2007 "The Sister Lodge" Grand Opening. ALL DAY - 11-1pm Arts n' Crafts, Noon. Special Celebrity Youth Giovonnie Samuels, Evening Poetry and Open Mic. 3807 Utah st. (Corner Utah & North Park Wy). TP will open the festivities 8pm.

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October 11, 2007 Desi n' Friends 8pm. Out of this World Electronic Percussive Quartet w/ Nathan Hubbard, Curtis Glatter, and Marcos Fernandez: more info at www.castorandpolluxmusic.com/NSDT. TP will offer shamanic voice, didgeridoo, and drones...whew not to be missed!!

October 5, 2007 Racial Unity Dialogue: An evening of Conversation and Poetry dedicated to Racial Unity, and in Collaboration with the Baha'i Faith. Toni offers a sound prayer with singing bowls, didgeridoo, E. tanpura, theta waves, and pure shamanic voice tones. Please come join us at the CITY HEIGHTS LIBRARY & PERFORMANCE ANNEX Friday 7:30pm.

September 15, 2007 Heart, Harmony and Healing Creative Potluck Banquet and Imagination Salon from 4 to 8pm at Health Walk in Carlsbad, CA. Solo Singer/Songwriter style.

August 23, 2007 Vinbladh's Swedish Fusion Lounge 4651 Park Blvd San Diego CA 92116, 7:30pm. Short set of singer/songwriter material; opening for Persian quartet and deep ambience trio!

Starting July 26, 2007 VOCAL TONING CLASSES will be available every Thursday from 11am until noon at "Living Prana" Yoga studio 575 2nd str. Encinitas CA 92024. Come connect with the sacred sound healing energy of VOICE guided by Toni Pope. Visit www.livingprana.com for more details and to set-up an appointment.

July 21, 7-8pm. "Living Prana" 575 2nd str. Encinitas CA 92024 www.livingprana.com. Experience the voice of Toni Pope through variations of throat-singing styles: kargyraa, khoomei, and sygyt along with vocal toning and singing bowls. *Sound healing and voice toning instruction.*

June 30, 8am to 4pm Balboa Park. Universal Declaration of Human Rights. UN/Charter day African Conference Event: Pope will offer between 12-12:30pm, Sacred Sound...A Prayer for Uganda Africa with singing bowls, vocal resonance, and throat-singing. *Sound healing*

June 22-24th Idyllwild Yoga Retreat with tabla extraordinaire "Tablaras!" Thank you Nature Friends! *Sound healing*

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May 3, 9pm Dance Theatre at the Modern Art Museum w/ choreographer Mari Caravan

May 12 Vininbough's Cafe Park Blvd, w/ Marcos Fernandes electronic musician 5/12, 8pm.

2006:

Deepak Chopra Center in collaboration with the Bliss Beats Collective 10/11, 7-9pm. *Sound healing*

"Wellspring" Every last Saturday of the month w/SW Nomadic. Yogafuzion 7/22, 7-10pm. *Sound healing and voice toning instruction.*

Turquoise Cafe-European Coffee House/Bar, sitting in w/SW Nomadic 8/4 8pm.

The Luggage Store, New Music and Art Gallery w/ the Tri-Corner Tent Show featuring Ray Schaeffer E.Bass 10/17, 8pm.

"Spring Reverb" Annual Experimental Music Festival w/Wormhole 5/7, 1pm.

Rebecca's Coffee House w/Marcos Fernandez 4/22 8pm. For more info www.trummerflora.com

2005:

"All The World is a Stage" San Diego State University Ens 200. Xdrop Choreographer Liliana Catteneo 12/9 & 12/10, 8pm.

"Klangwelten" World Music Tour in association with Harpist Rudiger Oppermann 10/05-12/05. For Exact concert dates www.klangwelten.com.

Che Cafe UCSD w/Marcos Fernandez and guests Trio Caveat 11/4 8pm. The Red Poppy "KA" w/David Boyce and Sameer Gupta 7/23 8pm. San Francisco

2004:

Centro de la Raza w/ Paul Wellin Balboa Park 11/19 3pm

Centro de la Raza w/ SpaceTime Continuum Balboa Park 11/21 3pm. San Diego

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ICAN San Francisco Art & Music Gallery hosted and supported by
Patrick Simms 2/24 & 5/28,
9pm.

“Utmosis” hosted by Neoeonone San Francisco’s Oxygen Bar 3/26 8pm.

2003:

Santa Cruz’s “Pink Day” All day festival starts at noon...a Kayatrip
Collaboration 5/31.

848 Divisadero San Francisco Artist Collective...a Kayatrip Collaboration
6/6 & 6/7 7pm.”Interpretations of the SHAH” w/ percussionist Skyebird
San Francisco Oxygen Bar 2/19 8pm.

1998-2002 Major Vocal Performances:

On going series of Voice Healing Workshops Two weekends/month, Rate
\$360/ind. weekly: Zeitlos Meditation Center Yogazentrum
Akazienhof Akazienstr. 27 10823 Berlin D. (49) 30. 2191 8321

“Terra Nostra” Directed by Shanti Oyarzabal Wasserspeicher IV, Berlin
Germany w/classical composer Stefan Levin.

“Mayors Day” w/ the *Eddie Gale Orchestra* San Francisco City Hall

“Five Elements” Directed and Choreographed by Diana
Dragos *Philharmonic Symphony Hall*, Berlin Germany

“Five Elements Five Continents” Directed and Choreographed by Diana
Dragos, *Werkstatt der Kulturen*, Berlin Germany

“Mayor’s Tribute to Dr. Martin Luther King Jr.” City Hall, Phoenix
Arizona

“Wie es Ihr Gefallt” *Women’s Music Festival Kulturbrauerei*, Berlin
Germany

Various other Berlin stages: *Pfefferberg, Volkubne, Zeitlos
Meditationzentrum, & Eschsch Loraque*

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Education

Chapman University 7460 Mission Valley Rd. San Diego CA 92108
Bachelor of Arts Psychology

San Francisco Community College 50 Phelan Ave. San Francisco CA
94112. Associate of Arts Liberal Studies

Certifications

*Theta Healing DNA 1 & 2 Basic and Adanced; Natures Path 2990 S. 25th
E. Idaho Falls ID 83404, May 9-11 2008

*Niruddha/Hatha Yoga Vitality College of Healing Arts; 243 North Hwy.
101 Suite 5 Solana Beach CA 92027, September 7, 2005

*Indigo Yoga for Children of All Ages, Encinitas CA, October 23 2004

*TESOL 1807 Robinson Avenue San Diego CA 92103

References

Available upon request